



*"Committed to Excellence"*

November 17, 2009

Dear Parent/Guardian:

Flu season has arrived. This year we are helping to prevent the spread of the 2009 H1N1 and seasonal flu by providing voluntary immunizations with FluMist® and/or the injectable flu vaccine. Keeping students and teachers healthy and in school is important for their education. Avoiding missed days of school means avoiding missed lessons.

Children can be sick with the flu for a week or more. Additionally, flu in children can be serious and can cause: fever, headache, extreme fatigue, and body aches. Children with underlying health conditions such as asthma or diabetes may become ill enough to require hospitalization. Children are often the main source of flu infection for everyone else, spreading the flu to other classmates, family members, and the community.

The single best way to help prevent the spread of the 2009 H1N1 and seasonal flu is to get a flu vaccination each year. As a result, we will be implementing a school vaccination program on the following dates and times:

**November 20<sup>th</sup>**

Washington 8:00-9:30  
Jefferson 10:00-11:30  
William Gay 12:30-2:30

**December 1<sup>st</sup>**

Will Rogers 8:30-12:00  
Edmond Doyle 1:00-2:30

**December 2<sup>nd</sup>**

Parker 8:30-11:30  
Emerson 12:30-2:30

**December 3<sup>rd</sup>**

Puterbaugh 8:30-12:00  
Key Academy 1:00-2:30

**December 4<sup>th</sup>**

McAlester HS 8:30-12:00 and 1:00-3:00

To give your consent to have your child vaccinated with the FluMist® and/or injectable flu vaccine, please read and complete the attached form and return it to your child's school. We will be unable to immunize anyone without completed paperwork. **For students 4<sup>th</sup> grade or under, we require a parent or guardian to be in attendance at the time of vaccination.**

We encourage you to contact your child's healthcare provider if you have additional questions about the flu vaccine or contact the **H1N1 Hot Line at 1-866-278-7134.**

Thank you for allowing us to help keep your child healthy this school year.

Sincerely,

Tom Condict  
Superintendent