



## TALKING TO OUR CHILDREN

### Tornado Response

Our thoughts and prayers are with the people of Moore as they begin to put their lives back together following the aftermath of the devastating tornado. We are offering resources and assistance in dealing with the trauma and grief that come from such tragedy. Dr. Robin Gurwitch, an international expert on child grief, trauma and disaster mental health, worked with the Oklahoma City community following the bombing in 1995 and continues to work with Memorial staff as we reach out to those affected by this tragedy.



### National Child Traumatic Stress Network (NCTSN) Factsheets for Parents, Teachers, Children, and Teens

- [After the Tornado: Helping Young Children Heal](#) (PDF)  
En Español [[Después de Pasar por La Experiencia de Un Tornado](#)]
- [Parent Guidelines for Helping Children after a Tornado](#) (PDF)
- [Questions To Ask Your Children About the Tornado](#) (PDF)
- [Teacher Guidelines for Helping Students after a Tornado](#) (PDF)
- [Tornado Response for Kids: Right after a Tornado](#) (PDF)
- [Tornado Recovery for Kids: Making Things Better](#) (PDF)
- [Tornado Response for Teens: Right after a Tornado](#) (PDF)
- [Tornado Recovery for Teens: Making Things Better](#) (PDF)
- [Tips for Parents on Media Coverage of the Tornadoes](#) (PDF)

### Simplified Children's Activities When No Power or When it is Not Safe to go Outside [http://nctsn.org/sites/default/files/assets/pdfs/activities\\_for\\_children\\_and\\_adolescents.pdf](http://nctsn.org/sites/default/files/assets/pdfs/activities_for_children_and_adolescents.pdf)

### Traumatic Grief Factsheets for Parents

[For Parents \(2004\)](#) (PDF)

En Español [[Guía informativa para los padres sobre la aflicción traumática infantil \(2004\)](#)]

### Psychological First Aid for Parents

[www.ready.gov/sites/default/files/documents/files/PFA\\_Parents.pdf](http://www.ready.gov/sites/default/files/documents/files/PFA_Parents.pdf)

### Psychological First Aid for Teachers

[www.ready.gov/sites/default/files/documents/files/PFA\\_SchoolCrisis.pdf](http://www.ready.gov/sites/default/files/documents/files/PFA_SchoolCrisis.pdf)

[OklahomaCityNationalMemorial.org](http://OklahomaCityNationalMemorial.org)